

## EXECUTIVE SUMMARY

Thank you for your continued hard work sampling **Duck Pond** this year! We congratulate your group for sampling your pond **once** this summer. However, we encourage your monitoring group to sample **additional** times each summer. Typically, we recommend that monitoring groups sample **three times** per summer (once in **June, July, and August**). We understand that the number of sampling events you decide to conduct per summer will depend upon volunteer availability, and your monitoring group's goals and funding availability. However, with a limited amount of data it is difficult to determine accurate and representative water quality trends. Since weather patterns and activity in the watershed can change throughout the summer, from year to year, and even from hour to hour during a rain event, it is a good idea to sample the pond at least once per month during the summer.

If you are having difficulty finding volunteers to help sample or to travel to one of the laboratories, please call the VLAP Coordinator and DES will help you work out an arrangement.

If your monitoring group's sampling events this year were limited due to not having enough time to pick-up or drop-off samples at the Limnology Center in Concord, please remember the Plymouth State University Center for the Environment Satellite Laboratory is open in Plymouth. This laboratory was established to serve the large number of lakes/ponds in the greater North region of the state. This laboratory is inspected by DES and operates under a DES approved quality assurance plan. We encourage your monitoring group to utilize this laboratory next summer for all sampling events, except for the annual DES biologist visit. To find out more about the Center for the Environment Satellite Laboratory, and/or to schedule dates to pick up bottles and equipment, please call Janet Towse or Adam Baumann, laboratory managers, at (603) 535-3269.



# OBSERVATIONS & RECOMMENDATIONS

## DEEP SPOT

### ➤ **Chlorophyll-a**

Chlorophyll-a, a pigment found in plants, is an indicator of algal abundance. Algae are typically microscopic plants that are naturally found in the lake ecosystem. The measurement of chlorophyll-a in the water gives biologists an estimation of the algal concentration or lake productivity. Table 14 in Appendix A lists the current year chlorophyll-a data.

Figure 1 depicts the historical and current year chlorophyll-a concentration in the water column.

**The median summer chlorophyll-a concentration for New Hampshire's lakes and ponds is 4.58 mg/m<sup>3</sup>.**

The current year data (the top graph) show that the chlorophyll-a concentration was **2.09 mg/m<sup>3</sup>** in **July**.

The historical data (the bottom graph) show that the **2007** chlorophyll-a concentration is ***much less than*** the state and similar lake medians. For more information on the similar lake median, refer to Appendix D.

Overall, visual inspection of the historical data (the bottom graph) shows a ***decreasing*** in-lake chlorophyll-a concentration since monitoring began. Specifically the mean chlorophyll-a concentration has ***improved*** since **2006**.

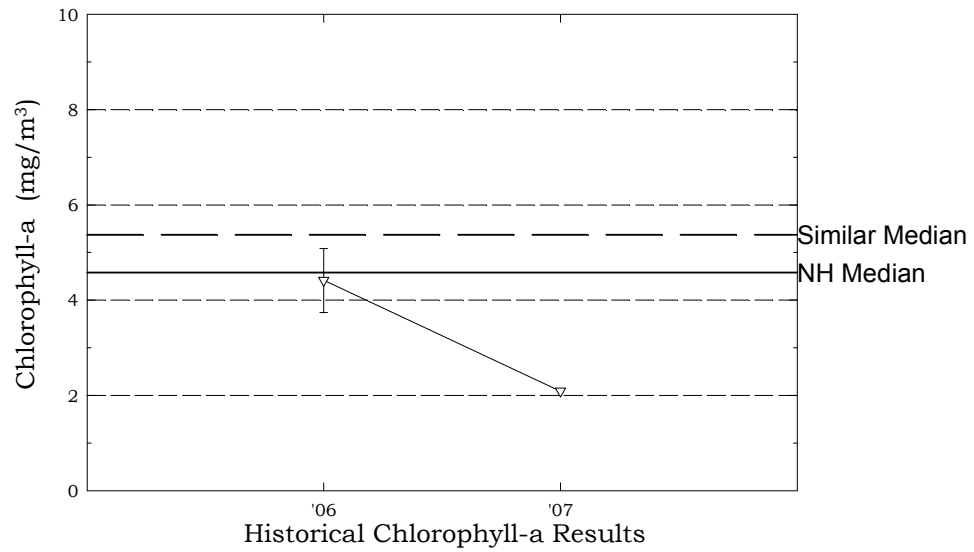
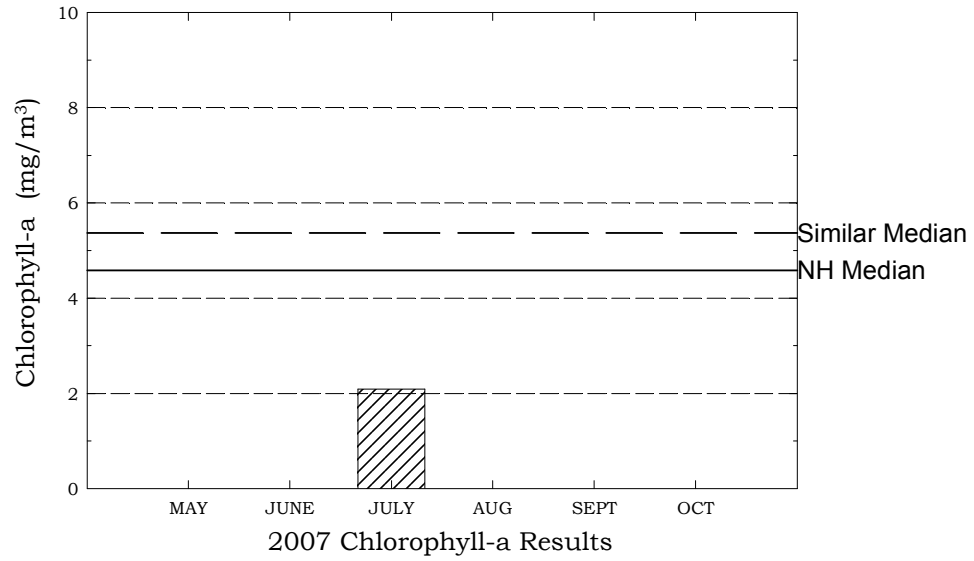
Please keep in mind that this observation is based on only **two** years and **three** sampling events of data. After 10 consecutive years of sample collection, we will be able to conduct a statistical analysis of the historical data to objectively determine if there has been a significant change in the annual mean transparency since monitoring began.

While algae are naturally present in all waterbodies, an excessive or increasing amount of any type is not welcomed. Phosphorus is the nutrient that algae typically depend upon for growth in New Hampshire lakes and ponds. Algal concentrations increase as nonpoint sources of phosphorus from the watershed increase, or as in-lake phosphorus sources increase. Increased Chlorophyll-a concentrations can also affect water clarity, causing Secchi-disk transparency to decrease (worsen) and turbidity to increase (worsen).

Therefore, it is extremely important for volunteer monitors to continually educate all watershed residents about management practices that can be implemented to minimize phosphorus loading to surface waters.

## Duck Pond, Freedom

**Figure 1.** Monthly and Historical Chlorophyll-a Results



### ➤ **Phytoplankton and Cyanobacteria**

Table 1 lists the phytoplankton (algae) and/or cyanobacteria observed in the pond in **2007**. Specifically, this table lists the three most dominant phytoplankton and/or cyanobacteria observed and their relative dominance in the sample.

**Table 1. Dominant Phytoplankton/Cyanobacteria (July 2007)**

<b>Division</b>	<b>Genus</b>	<b>% Dominance</b>
Chrysophyta	Chrysosphaerella	87.1
Chrysophyta	Dinobryon	4.7
Bacillariophyta	Rhizosolenia	4.0

Phytoplankton populations undergo a natural succession during the growing season. Please refer to the “Biological Monitoring Parameters” section of this report for a more detailed explanation regarding seasonal plankton succession. Diatoms and golden-brown algae populations are typical in New Hampshire’s less productive lakes and ponds.

### ➤ **Secchi Disk Transparency**

Volunteer monitors use the Secchi disk, a 20 cm disk with alternating black and white quadrants, to measure how far a person can see into the water. Transparency, a measure of water clarity, can be affected by the amount of algae and sediment in the water, as well as the natural color of the water. Table 14 in Appendix A lists the current year transparency data. **The median summer transparency for New Hampshire’s lakes and ponds is 3.2 meters.**

Figure 2 depicts the historical and current year transparency *with and without* the use of a viewscope.

The current year data (the top graph) includes both the non-viewscope and viewscope readings for **2007**.

The current year **non-viewscope** and **viewscope** in-lake transparency was **3.8 meters** and visible on the pond bottom in **July**.

It is important to note that viewscope transparency data are not compared to a New Hampshire median or similar lake median. This is because lake transparency with the use of a viewscope has not been historically measured by DES. In the future, the New Hampshire and similar lake medians for viewscope transparency will be calculated and added to the appropriate graphs.

The historical data (the bottom graph) show that the **2007** mean non-viewscope transparency is **greater than** the state and similar lake medians. Please refer to Appendix D for more information about the similar lake median.

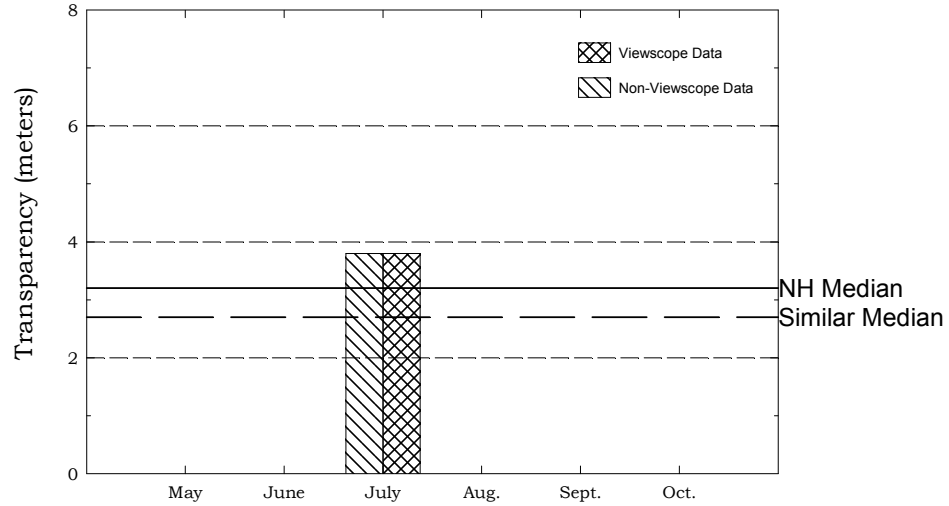
Visual inspection of the historical data (the bottom graph) shows an **increasing** transparency, meaning that the transparency has **improved** since monitoring began in **2006**.

Please keep in mind that this observation is based on only **two** years and **three** sampling events of data. After 10 consecutive years of sample collection, we will be able to conduct a statistical analysis of the historical data to objectively determine if there has been a significant change in the annual mean transparency since monitoring began.

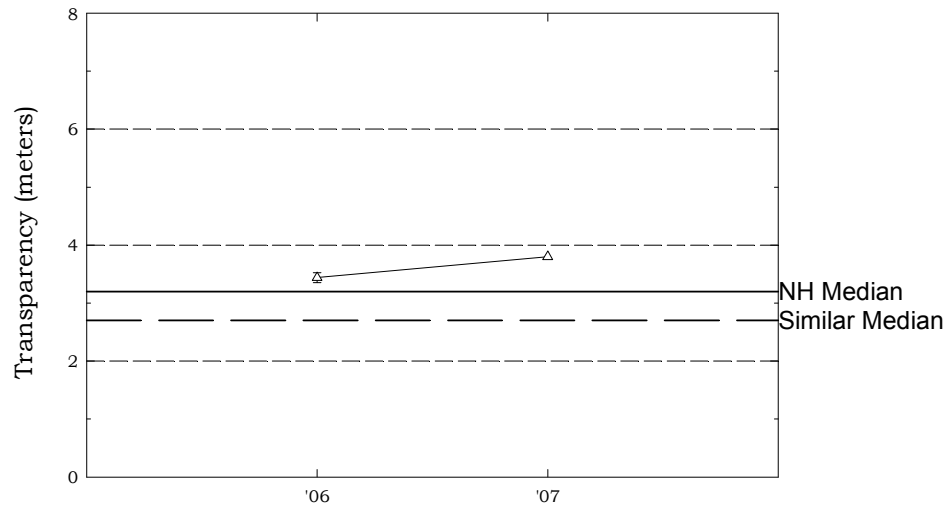
Typically, high intensity rainfall causes sediment-laden stormwater runoff to flow into surface waters, thus increasing turbidity and decreasing clarity. Efforts should continually be made to stabilize stream banks, pond shorelines, disturbed soils within the watershed, and especially dirt roads located immediately adjacent to the edge of tributaries and the pond. Guides to best management practices that can be implemented to reduce, and possibly even eliminate, nonpoint source pollutants, are available from DES upon request.

## Duck Pond, Freedom

**Figure 2.** Monthly and Historical Transparency Results



2007 Transparency Viewscope and Non-Viewscope Results



Historical Transparency Non-Viewscope Results

➤ **Total Phosphorus**

Phosphorus is typically the limiting nutrient for vascular plant and algae growth in New Hampshire's lakes and ponds. Excessive phosphorus in a pond can lead to increased plant and algal growth over time. Table 14 in Appendix A lists the current year total phosphorus data for in-lake and tributary stations.

**The median summer total phosphorus concentration in the epilimnion (upper layer) of New Hampshire's lakes and ponds is 12 ug/L. The median summer phosphorus concentration in the hypolimnion (lower layer) is 14 ug/L.**

The graphs in Figure 3 depict the historical amount of epilimnetic (upper layer) and hypolimnetic (lower layer) total phosphorus concentrations; the inset graphs depict current year total phosphorus data.

The current year data for the epilimnion (the top inset graph) show that the phosphorus concentration was **6.4 ug/L in July**.

The historical data show that the **2007** mean epilimnetic phosphorus concentration is ***much less than*** the state and similar lake medians. Refer to Appendix D for more information about the similar lake median.

The current year data for the hypolimnion (the bottom inset graph) show that the phosphorus concentration was **7.0 ug/L in July**.

The historical data show that the **2007** mean hypolimnetic phosphorus concentration is ***much less than*** the state and similar lake medians. Please refer to Appendix D for more information about the similar lake median.

Overall, visual inspection of the historical data for the epilimnion and hypolimnion shows a ***stable*** phosphorus concentration since monitoring began. Specifically the mean annual epilimnetic and hypolimnetic phosphorus concentration has ***remained approximately the same*** since monitoring began in **2006**.

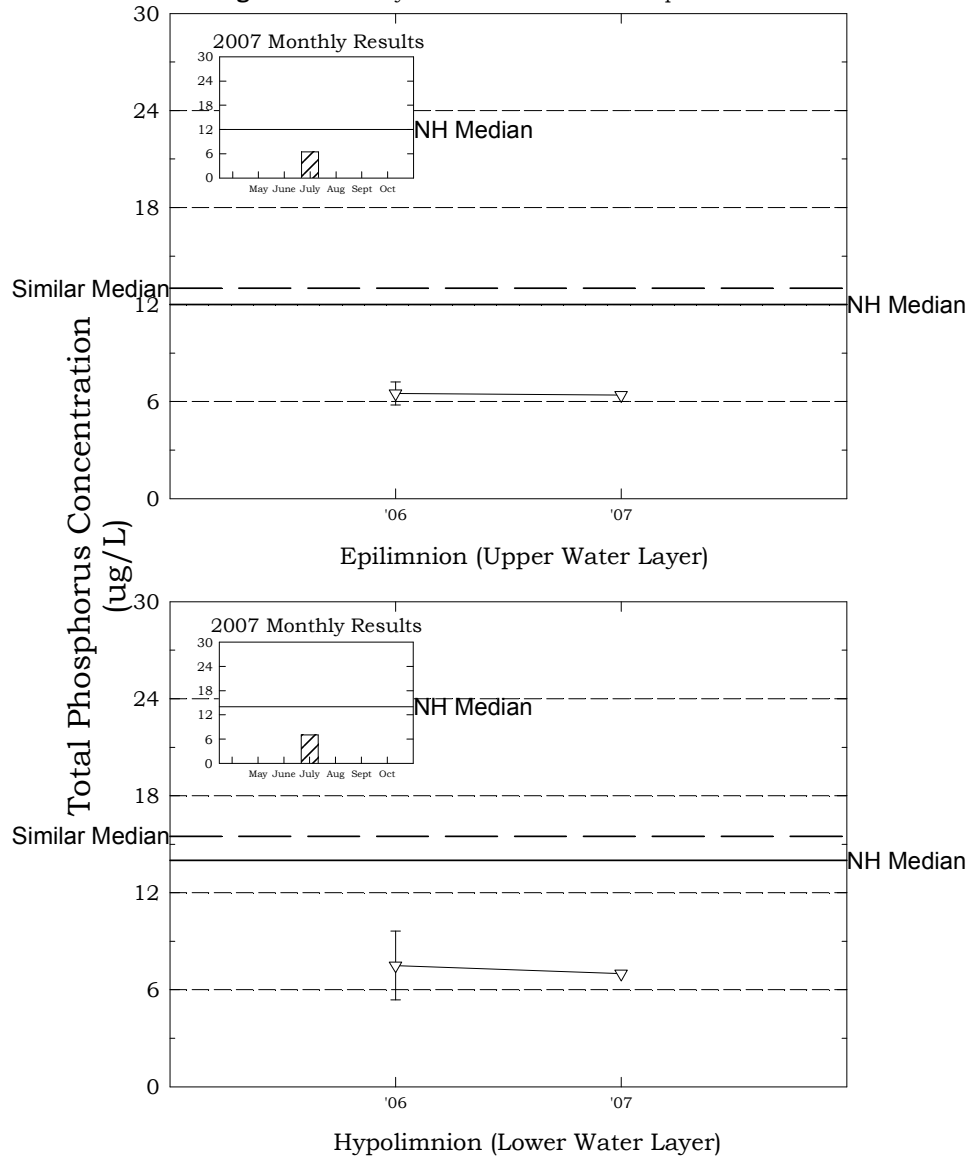
As discussed previously, after 10 consecutive years of sample collection, we will be able to conduct a statistical analysis of the historical data to objectively determine if there has been a significant change in the annual mean phosphorus concentration since monitoring began.

One of the most important approaches to reducing phosphorus loading to a waterbody is to continually educate watershed residents about the watershed sources of phosphorus and how excessive phosphorus loading can negatively affect the ecology and the recreational, economical, and ecological value of lakes and ponds.



## Duck Pond, Freedom

**Figure 3.** Monthly and Historical Total Phosphorus Data.



## ➤ pH

Table 14 in Appendix A presents the current year pH data for the in-lake stations.

pH is measured on a logarithmic scale of 0 (acidic) to 14 (basic). pH is important to the survival and reproduction of fish and other aquatic life. A pH below 6.0 typically limits the growth and reproduction of fish. A pH between 6.0 and 7.0 is ideal for fish. The median pH value for the epilimnion (upper layer) in New Hampshire's lakes and ponds is **6.6**, which indicates that the state surface waters are slightly acidic. For a more detailed explanation regarding pH, please refer to the "Chemical Monitoring Parameters" section of this report.

The pH at the deep spot this year ranged from **6.55** in the epilimnion to **6.56** in the hypolimnion, which means that the water is ***slightly acidic***.

Due to the state's abundance of granite bedrock and acid deposition received from snowmelt, rainfall, and atmospheric particulates, there is little that can be feasibly done to effectively increase pond pH. The pH at the deep spot, however, is sufficient to support aquatic life.

## ➤ Acid Neutralizing Capacity (ANC)

Table 14 in Appendix A presents the current year epilimnetic ANC for the deep spot.

Buffering capacity (ANC) describes the ability of a solution to resist changes in pH by neutralizing the acidic input. The median ANC value for New Hampshire's lakes and ponds is **4.9 mg/L**, which indicates that many lakes and ponds in the state are at least "moderately vulnerable" to acidic inputs. For a more detailed explanation about ANC, please refer to the "Chemical Monitoring Parameters" section of this report.

The acid neutralizing capacity (ANC) of the epilimnion (upper layer) was **4.3 mg/L**. This indicates that the pond is ***moderately vulnerable*** to acidic inputs.

## ➤ Conductivity

Table 14 in Appendix A presents the current conductivity data for in-lake stations.

Conductivity is the numerical expression of the ability of water to carry an electric current, which is determined by the number of negatively charged ions from metals, salts, and minerals in the water column. The median conductivity value for New Hampshire's lakes and ponds is **40.0 uMhos/cm**. For a more detailed explanation, please refer to the "Chemical Monitoring Parameters"

section of this report.

The **2007** conductivity results for the deep spot were **lower than** has been measured in **2006**. It is likely that the lack of rainfall during the **2007** sampling season reduced watershed runoff to the pond. Typically, rain events and snow melt cause potentially pollutant laden watershed runoff to reach tributaries and ultimately the pond leading to elevated conductivity levels.

It is possible that de-icing materials applied to nearby roadways during the winter months may be influencing the conductivity in the pond. In New Hampshire, the most commonly used de-icing material is salt (sodium chloride).

Therefore, we recommend that the **epilimnion** (upper layer) be sampled for chloride next year. This additional sampling may help us identify what areas of the watershed are contributing to the increasing in-lake conductivity.

*Please note that the DES Limnology Center in Concord will be able to conduct chloride analyses, free of charge, beginning in 2008. As a reminder, it is best to conduct chloride sampling in the spring as the snow is melting and during rain events.*

### ➤ **Dissolved Oxygen and Temperature**

Table 9 in Appendix A depicts the dissolved oxygen/temperature profile(s) collected during **2007**.

The presence of sufficient amounts of dissolved oxygen in the water column is vital to fish and amphibians and also to bottom-dwelling organisms. Please refer to the “Chemical Monitoring Parameters” section of this report for a more detailed explanation.

The dissolved oxygen concentration was **high** at all deep spot depths sampled in the pond on the **July** sampling event. Typically, shallow lakes and ponds that are not deep enough to stratify into more than one or two thermal layers will have relatively high amounts of oxygen at all depths. This is due to continual lake mixing and diffusion of oxygen into the bottom waters induced by wind and wave action.

### ➤ **Turbidity**

Table 14 in Appendix A presents the current year data for in-lake turbidity.

Turbidity in the water is caused by suspended matter, such as clay, silt, and algae. Water clarity is strongly influenced by turbidity. Please refer to the “Other Monitoring Parameters” section of this report for a more detailed explanation.

The deep spot turbidity was **very low** this year, which is good news.

However, we recommend that your group sample the pond and any surface water runoff areas during significant rain events to determine if stormwater runoff contributes turbidity and phosphorus to the pond.

*For a detailed explanation on how to conduct rain event sampling, please refer to the 2002 VLAP Annual Report special topic article, which is posted on the VLAP website at*

*[http://www.des.nh.gov/wmb/vlap/2002/documents/Appndxd\\_monitoring.pdf](http://www.des.nh.gov/wmb/vlap/2002/documents/Appndxd_monitoring.pdf), or contact the VLAP Coordinator.*

## TRIBUTARY SAMPLING

### ➤ **Total Phosphorus**

Table 14 in Appendix A presents the current year total phosphorus data for tributary stations. Please refer to the “Chemical Monitoring Parameters” section of the report for a detailed explanation of total phosphorus.

Tributary sampling was not conducted in **2007**.

### ➤ **pH**

Table 14 in Appendix A presents the current year pH data for the tributary stations. Please refer to the “Chemical Monitoring Parameters” section of this report for a more detailed explanation of pH.

Tributary sampling was not conducted in **2007**.

### ➤ **Conductivity**

Table 14 in Appendix A presents the current conductivity data for the tributary stations. Please refer to the “Chemical Monitoring Parameters” section of the report for a more detailed explanation of conductivity.

Tributary sampling was not conducted in **2007**.

### ➤ **Turbidity**

Table 14 in Appendix A presents the current year turbidity data for the tributary stations. Please refer to the “Other Monitoring Parameters” section of the report for a more detailed explanation of turbidity.

Tributary sampling was not conducted in **2007**.

### ➤ **Bacteria (*E. coli*)**

Table 14 in Appendix A lists the current year data for bacteria (*E.coli*) testing. *E. coli* is a normal bacterium found in the large intestine of humans and other warm-blooded animals. *E.coli* is used as an indicator organism because it is easily cultured and its presence in the water, in defined amounts, indicates that sewage **may** be present. If sewage is present in the water, potentially harmful disease-causing organisms **may** also be present. Please refer to the “Other Monitoring Parameters” section of the report for a more detailed explanation.

Bacteria sampling was not conducted this year. If residents are concerned about sources of bacteria such as failing septic systems, animal waste, or waterfowl waste, it is best to conduct *E. coli* testing when the water table is high, when beach use is heavy, or immediately after rain events.

### ➤ **Chlorides**

Table 14 in Appendix A lists the current year data for chloride sampling. The chloride ion (Cl<sup>-</sup>) is found naturally in some surface waters and groundwaters and in high concentrations in seawater. Research has shown that elevated chloride levels can be toxic to freshwater aquatic life. In order to protect freshwater aquatic life in New Hampshire, the state has adopted **acute and chronic** chloride criteria of **860 and 230 mg/L** respectively. The chloride content in New Hampshire lakes is naturally low, generally less than 2 mg/L in surface waters located in remote areas away from habitation. Higher values are generally associated with salted highways and, to a lesser extent, with septic inputs. Please refer to the “Chemical Monitoring Parameters” section of this report for a more detailed explanation.

Chloride sampling was **not** conducted during **2007**.

## **DATA QUALITY ASSURANCE AND CONTROL**

### **Annual Assessment Audit**

#### **Annual Assessment Audit:**

During the annual visit to your pond, the biologist conducted a sampling procedures assessment audit for your monitoring group. Specifically, the biologist observed the performance of your monitoring group while sampling and filled-out an assessment audit sheet to document the volunteer monitors’ ability to follow the proper field sampling procedures, as outlined in the VLAP Monitor’s Field Manual. This assessment is used to identify any aspects of sample collection in which volunteer monitors failed to follow proper procedures, and also provides an opportunity for the biologist to retrain the volunteer monitors as necessary. This will ultimately ensure that the samples volunteer monitors collect are truly representative of actual lake and tributary conditions.

Overall, your monitoring group did an **excellent** job collecting samples on the annual biologist visit this year! Specifically, the members of your monitoring group followed the proper field sampling procedures and there was no need for the biologist to provide additional training. Keep up the good work!

## USEFUL RESOURCES

*Acid Deposition Impacting New Hampshire's Ecosystems*, DES fact sheet ARD-32, (603) 271-2975 or [www.des.nh.gov/factsheets/ard/ard-32.htm](http://www.des.nh.gov/factsheets/ard/ard-32.htm).

*Best Management Practices to Control Nonpoint Source Pollution: A Guide for Citizens and Town Officials*, DES Booklet WD-03-42, (603) 271-2975.

*Canada Geese Facts and Management Options*, DES fact sheet BB-53, (603) 271-2975 or [www.des.nh.gov/factsheets/bb/bb-53.htm](http://www.des.nh.gov/factsheets/bb/bb-53.htm).

*Cyanobacteria in New Hampshire Waters Potential Dangers of Blue-Green Algae Blooms*, DES fact sheet WMB-10, (603) 271-2975 or [www.des.nh.gov/factsheets/wmb/wmb-10.htm](http://www.des.nh.gov/factsheets/wmb/wmb-10.htm).

*Erosion Control for Construction in the Protected Shoreland Buffer Zone*, DES fact sheet WD-SP-1, (603) 271-2975 or [www.des.nh.gov/factsheets/sp/sp-1.htm](http://www.des.nh.gov/factsheets/sp/sp-1.htm).

*Freshwater Jellyfish In New Hampshire*, DES fact sheet WD-BB-5, (603) 271-2975 or [www.des.nh.gov/factsheets/bb/bb-51/htm](http://www.des.nh.gov/factsheets/bb/bb-51/htm).

*Impacts of Development Upon Stormwater Runoff*, DES fact sheet WD-WQE-7, (603) 271-2975 or [www.des.nh.gov/factsheets/wqe/wqe-7.htm](http://www.des.nh.gov/factsheets/wqe/wqe-7.htm).

*IPM: An Alternative to Pesticides*, DES fact sheet WD-SP-3, (603) 271-2975 or [www.des.nh.gov/factsheets/sp/sp-3.htm](http://www.des.nh.gov/factsheets/sp/sp-3.htm).

*Iron Bacteria in Surface Water*, DES fact sheet WD-BB-18, (603) 271-2975 or [www.des.nh.gov/factsheets/bb/bb-18.htm](http://www.des.nh.gov/factsheets/bb/bb-18.htm).

*Lake Foam*, DES fact sheet WD-BB-4, (603) 271-2975 or [www.des.nh.gov/factsheets/bb/bb-5.htm](http://www.des.nh.gov/factsheets/bb/bb-5.htm).

*Lake Protection Tips: Some Do's and Don'ts for Maintaining Healthy Lakes*, DES fact sheet WD-BB-9, (603) 271-2975 or [www.des.nh.gov/factsheets/bb/bb-9.htm](http://www.des.nh.gov/factsheets/bb/bb-9.htm).

*Low Impact Development Hydrologic Analysis*. Manual prepared by Prince George's County, Maryland, Department of Environmental Resources. July 1999. To access this document, visit [www.epa.gov/owow/nps/lid\\_hydr.pdf](http://www.epa.gov/owow/nps/lid_hydr.pdf) or call the EPA Water Resource Center at (202) 566-1736.

*Low Impact Development: Taking Steps to Protect New Hampshire's Surface Waters*, DES fact sheet WD-WMB-16, (603) 271-2975 or [www.des.nh.gov/factsheets/wmb/wmb-17.htm](http://www.des.nh.gov/factsheets/wmb/wmb-17.htm).

*Proper Lawn Care In the Protected Shoreland, The Comprehensive Shoreland Protection Act*, DES fact sheet WD-SP-2, (603) 271-2975 or [www.des.nh.gov/factsheets/sp/sp-2.htm](http://www.des.nh.gov/factsheets/sp/sp-2.htm).

*Road Salt and Water Quality*, DES fact sheet WD-WMB-4, (603) 271-2975 or [www.des.nh.gov/factsheets/wmb/wmb-4.htm](http://www.des.nh.gov/factsheets/wmb/wmb-4.htm).

*Sand Dumping - Beach Construction*, DES fact sheet WD-BB-15, (603) 271-2975 or [www.des.nh.gov/factsheets/bb/bb-15.htm](http://www.des.nh.gov/factsheets/bb/bb-15.htm).

*Shorelands Under the Jurisdiction of the Comprehensive Shoreland Protection Act*, DES fact sheet SP-4, (603) 271-2975 or [www.des.nh.gov/factsheets/sp/sp-4.htm](http://www.des.nh.gov/factsheets/sp/sp-4.htm).

*Soil Erosion and Sediment Control on Construction Sites*, DES fact sheet WQE-6, (603) 271-2975 or [www.des.nh.gov/factsheets/wqe/wqe-6.htm](http://www.des.nh.gov/factsheets/wqe/wqe-6.htm).

*Through the Looking Glass: A Field Guide to Aquatic Plants*, North American Lake Management Society, 1988, (608) 233-2836 or [www.nalms.org](http://www.nalms.org).

*Weed Watchers: An Association to Halt the Spread of Exotic Aquatic Plants*, DES fact sheet WD-BB-4, (603) 271-2975 or [www.des.nh.gov/factsheets/bb/bb-4.htm](http://www.des.nh.gov/factsheets/bb/bb-4.htm).

*Watershed Districts and Ordinances*, DES fact sheet WD-WMB-16, (603) 271-2975 or [www.des.nh.gov/factsheets/wmb/wmb-16.htm](http://www.des.nh.gov/factsheets/wmb/wmb-16.htm).